

Autism Emergency Card – Adult - English Version

For travel abroad · Print, cut out and laminate · autismus-ratgeber.de

AUTISM · EMERGENCY CARD autismus-ratgeber.de

I am autistic – please speak calmly and clearly.
■ Stay calm · Clear instructions · Allow time to respond

Name: _____ Born: _____
Address: _____

■ EMERGENCY CONTACTS

Name: _____ Tel.: _____
Name: _____ Tel.: _____

<p>■ DOCTOR</p> <p>Tel.: _____ Name: _____</p>	<p>■ MEDICATION</p> <p>Name: _____ Dose: _____</p>
--	--

autismus-ratgeber.de · Adult · Front

↑ FRONT

GUIDANCE FOR HELPERS autismus-ratgeber.de

Adult

- Speak directly and clearly – avoid metaphors
- Allow time to respond – processing takes longer
- Physical contact only with explicit permission
- Reduce sensory stimulation in the environment
- One question or instruction at a time
- In crisis: call emergency contact immediately

Communication notes / Special information: _____

autismus-ratgeber.de · Adult · Back

↑ BACK

Print - Cut along marks - Laminate for best results

AUTISM · EMERGENCY CARD autismus-ratgeber.de

I am autistic – please speak calmly and clearly.
■ Stay calm · Clear instructions · Allow time to respond

Name: _____ Born: _____
Address: _____

■ EMERGENCY CONTACTS

Name: _____ Tel.: _____
Name: _____ Tel.: _____

<p>■ DOCTOR</p> <p>Tel.: _____ Name: _____</p>	<p>■ MEDICATION</p> <p>Name: _____ Dose: _____</p>
--	--

autismus-ratgeber.de · Adult · Front

↑ FRONT

GUIDANCE FOR HELPERS autismus-ratgeber.de

Adult

- Speak directly and clearly – avoid metaphors
- Allow time to respond – processing takes longer
- Physical contact only with explicit permission
- Reduce sensory stimulation in the environment
- One question or instruction at a time
- In crisis: call emergency contact immediately

Communication notes / Special information: _____

autismus-ratgeber.de · Adult · Back

↑ BACK